



Robert H. Treman State Park
Ithaca, NY



WATER AND WATERFALLS TOUR

Visit Ithaca, Watkins Glenn and the vicinity of Seneca and Cayuga Lakes to take in lake views, vibes and many waterfall sites.

WHERE TO STAY:

Hampton Inn Penn Yan on Keuka Lake, Inn at Glenora Wine Cellars, Laurel Inn on Seneca Lake, Quality Inn Finger Lakes at Seneca Falls, Inns of Aurora

LANDMARKS & ACTIVITIES

Taughannock State Park - Taughannock Falls State Park's namesake waterfall is one of the outstanding natural attractions of the Northeast. Taughannock Falls plunges 215 feet past rocky cliffs that tower nearly 400 feet above the gorge.

Cayuga Lake Scenic Blueway Trail – Explore Cayuga Lake and other public water recreation resources in designated recreation areas.

Montezuma National Wildlife Refuge- This wildlife refuge is a resting place for numerous migratory birds and is situated in one of the most active flight lanes in the Atlantic Flyway.

Catherine Valley Trail - The Catharine Valley Trail (CVT) currently offers 9 miles of multi-use trail (Hiking, biking & cross-country skiing), and spans 12 miles to connect Watkins Glen State Park and Mark Twain State Park in the Southern Tier.

Watkins Glen State Park - Watkins Glen State Park features a series of waterfalls and gorges that are sure to amaze anyone. An almost two-mile hike will take you past 19 waterfalls and up over 800 stone steps.

Captain Bill's Seneca Lake Cruises – A 10-mile scenic cruise sailing hourly. Lunch, evening dinner & cocktail cruises on Seneca lake.

Keuka Outlet Trail - In the heart of the Finger Lakes. Hike, bike, ride horseback, snowmobile or cross country ski nearly 7 miles of wooded trail along the Keuka Outlet.